



Achieving A Higher Quality Of Life For Persons With Dementia



Best Practices

Person-Centered-Care evidence:

- Staff education on person-centered-care for those with dementia
- Initial and ongoing assessments to understanding the individual
- Individualized activity programs
- A staffing plan with consistent caregivers from various disciplines
- Planned cultural, ethnic, religious, holiday and special events
- Developed routines, dietary preferences, socialization and activities of daily living

Extensive Staff Training Program about brain health that includes:

- Training on cognitive changes, dementia stages and normal aging
- Use of validated evaluation tools for identifying changes in cognitive capability
- Family support methods
- Types of dementia

Physical and Psychosocial Evaluations at admission and scheduled intervals to include:

- Assessment tools used to evaluate behaviors, cognitive function, physical status and psychosocial status
- Multidisciplinary approach that engages all care partners
- Assignment of a care manager to collaborate, provide documentation of care and communicate to the care partner team and family caregivers
- Support for advance care planning including advance directives, palliative care, hospice and other care provisions

Information, Education and Support for Individuals Living with Dementia to include:

- Education on early-stage dementia and disease progression care plans
- Assessment tools to address specific cultures, ethnicities, minorities, LGBT persons and those who are socially disadvantaged
- Written materials for caregiver support during transitions
- Technology systems for family outreach in order to provide education and support

Support Activities of Daily Living to include:

- Assessment process for bathing, toileting, dressing, and eating
- Internal routines and processes ensuring privacy and dignity
- Dining procedures and supportive dining care
- Toileting practices
- Management of nutritional intake, weight loss and appetite loss



Facility Staffing include description of:

- Leadership and staff credentials
- How person-centered information is disseminated to care partners
- Interdepartmental communication process
- Staff turnover rates and assignment methods
- Calendar of one-year educational events with specific topics
- Summary of quality development projects

Supportive and Therapeutic Environments evidence includes:

- Emphasis on caring, dignity, courtesy, and respect to foster sense of team and community
- Encouraging choice, self-expression, safety, and meaningful engagement
- Practice of pain assessment and management

Transitions of Care includes:

- Materials for support and education in transition of care events and other locations of care
- Timely communication to caregivers during condition changes
- Process for discharge to another care venue and re-admission after return





Purple Flag Excellence in Dementia Care™

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Purple Flag Excellence in Dementia Care™ is an accreditation program developed to recognize excellence and continuous improvement in the quality of services. Upon accreditation, organizations receive the distinctive purple flag to fly proudly at their care settings.



To learn more please visit:
purpleflag.org

or contact Christopher Carter
cpcarter@ctassistedliving.com

1-800-291-0995

